



4-H Volunteers

LIGHTING THE WAY

September 24-26, 2020

**Spotlight Participants
Schedule at a Glance**
updated 9/21/20

Thursday

5:00 pm EST	Sparkler Event	Curricula Showcase
7:00 pm EST	Bright Light Event	Opening Extravaganza
8:15 pm EST	Light Up Sessions <ul style="list-style-type: none">• Doodling & Journaling• Luminaries• Mindful Stretch & Calm	Create & Connect

Friday

3:00pm EST	Sunbeam Sessions <ul style="list-style-type: none">• Be the Light: Changing the Narrative of Youth Leadership through Youth Adult Partnerships• Empowering Volunteers to Grow Youth Leadership• Engaging 4-H'ers Virtually• Increasing Your Health Knowledge through Volunteer Programs• Exploring Nature & Outdoors Doesn't Always Have to be Done Outside• Light the Way like a NASA Scientist: Observing & Contributing to Earth Science	Workshops
5:00 pm EST	Sparkler Event Matthew Moheban, 220 Leadership	Leadership Spark
7:00 pm EST	Bright Light Event Breanna Burkhead, Jayna Green, & Micah Palacios National 4-H Pillar Winners hosted by Noor Alshafie, National 4-H Youth Advisory Council	Teen Panel
8:15 pm EST	Light Up Sessions <ul style="list-style-type: none">• Crafts, Culture & the Cherokee People• Dimming the Lights with Storytelling• Light up with Candles• Mood Management	Create & Connect

visit www.4hvcoss.com for more details & session descriptions
Sessions are accessed with your conference registration access code



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Saturday

9:00 am EST	Sparkler Event Sarah Stillwell, The Amateur Apron	In the Kitchen With
11:00 am EST	Sunbeam Sessions <ul style="list-style-type: none">• Kentucky 4-H Citizenship Bowl: Integrating 4-H Civic Engagement• Engaging Military Connected Youth w/4-H Programming• Using Games and Tools to Make Online Programs Fun• Light the Way w/LifeSmarts• Earth Day, Every Day• Mars Madness: Seeing the Possibilities• Conducting Virtual Horse Judging & Hippology Contests	Workshops
12:15 pm EST	Sparkler Event Johnelle Simpson, 4-H Alumnus	Leadership Spark
1:00pm EST	Sunbeam Sessions <ul style="list-style-type: none">• Recognizing 4-H Youth through the Congressional Award• The Power of Purposeful Questions• Moving from Hands-On to Virtual Using Google Platform• Strengthening Youth Mental Health• 4-H Backyard Bird Brains• Blueprint for Success: Building your STEM/Robotics Program Piece by Piece• Embryology 1010	Workshops
2:15 pm EST	Shooting Star Connects visit the website and conference portal for breakout room options	Small Group Chats
3:00pm EST	Sunbeam Sessions <ul style="list-style-type: none">• Creating Common Ground• Parliamentary Procedure and Effective Meetings• Inspiring Youth to Lead and Serve in a Virtual Environment• Introducing Wellness in the 4-H Classroom• The Forest & The Trees• Simple STEM Lessons for 4th-6th grade• Master 4-H Livestock Volunteer• Pick Our Brains About Sewing	Workshops
4:15 pm EST	Shooting Star Connects visit the website and conference portal for breakout room options	Small Group Chats
5:00 pm EST	Sparkler Event	Leadership Challenge
7:00 pm EST	Bright Light Event Bo Ryles, National 4-H Council	Closing Extravaganza

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