

4-H Volunteer Connections:

From Sea to Shining Sea



National 4-H Volunteer Conference
hosted by the
4-H Volunteer Conference of Southern States

September 27-30, 2018 | Rock Eagle 4-H Center



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WELCOME

Welcome to the 2018 *4-H Volunteer Connection: From Sea to Shining Sea*. We are so excited to celebrate our sixth year as a conference with delegates from all over the nation! We hope that you enjoy the conference, take time to refresh, renew, and connect throughout the week. This is our time as 4-H leaders to invest in ourselves and we hope you'll make the most of it.

You'll find at the conference great workshops to learn new ideas, lots of activities to share with each other, opportunities to network and connection and most of all the chance to get to know other 4-H leaders. Spend time learning so that you can share with others when you go back to your corner of the U.S.

We welcome you to Rock Eagle 4-H Center and look forward to connecting!

The Volunteer Conference of Southern States Team

Volunteer Advisory Team Members

Peyton Arthur, Louisiana
Faye Belflower, Georgia
Joey Eller, Georgia
Emily Eubanks, Florida
Carolyn Lang, Louisiana
Shannon Mitchell, Arkansas
Jill Mahoney, Kentucky
Betty Osgood, South Carolina
Missy Quintero, Oklahoma
Reta Scott, Mississippi
Angie Searcy, Kentucky
Emily Smith, Florida
Diane Sturges, North Carolina
Lori Thomas, South Carolina
Connie Williams, Mississippi
Karen Zika, North Carolina

Conference Management Team

Harriett Edwards, North Carolina State University
Ken Culp, III, University of Kentucky
Jenny Jordan, University of Tennessee

Educational Track Chairs

Carmen Burgos, University of Tennessee
Ashley Burns, Clemson University
Veronica Del Bianco, Louisiana State University
Keri Hobbs, University of Georgia
Karla Knoepfli, Oklahoma State University
Marilyn Lesmeister, Oregon State University
Darrell Stillwell, University of Kentucky



4-H Volunteer Connections:

From Sea to Shining Sea

Thursday, September 27, 2018

1:00 pm	Check in & Refreshments	Sutton Hall
4:00 pm	State Connections	
	AE	Wildlife 1
	Alaska	Wildlife 4
	Arkansas	Gas 2
	Florida	Wildlife 1
	Georgia	Gas 2
	Indiana	Gas 2
	Kentucky	Krannert 1
	Louisiana	Wildlife 4
	Maryland	Sutton
	Mississippi	Krannert 2
	North Carolina	Sutton
	Nebraska	Wildlife 3
	Ohio	Krannert 3
	Oklahoma	Krannert 3
	Oregon	Krannert 1
	South Carolina	Wildlife 2
	Tennessee	Wildlife 3
	West Virginia	Wildlife 2
5:00 pm	Get Connected: Opening Event	Sutton Hall
6:00 pm	Dinner	Dining Hall C/D
	<i>Track Coordinators please meet at the reserved back table for dinner meeting</i>	
7:30 pm	Connecting the 4-H Way Keynote Address: Dr. Doug Steele	Sutton Hall
8:30 pm	Connecting with Service	Sutton Hall
	Sewing for Our Neighbors with Fabulous Felt Sewing, Science & Service	Pam Phillippe Jean Hink , Shreemoyee Ghosh, Nicole Walker
	Veteran Smiles Teaching Acceptance One Clip at a Time Creating Kitchen Fun	Amelia Day, Victoria Day Terri Fullerton, Brittany Teets Volunteer Advisory Team

Friday, September 28, 2018

7:00 am	Breakfast	Dining Hall C/D
8:30 am	Connecting with Curriculum	Sutton Hall
	<i>Enjoy rotating sessions engaged in curricula of all kinds</i>	
	Stop Motion Animation, <i>Paul Shumaker, Kristie Popa</i> MG Sprouts, <i>Sheri Dorn</i> National 4-H Curricula, <i>Volunteer Advisory Team</i> Picture Perfect YOUth, <i>Alex Cox, Tammy Elliott</i>	<i>Taking Flight, Autumn Starcher</i> Teaching Acceptance a Clip at a Time, <i>Terri Fullerton & Brittany Teets</i> Youth Wetlands Program, <i>Heather Niemic</i> Utah Discover Curricula, <i>Volunteer Advisory Team</i>
10:00 am	Workshops	
	General Sessions	
	No need for Website or Social Media: Keeping Connected with Google	Trish Howard Krannert 1
	Building Capacity through Community Centered Support	Jenna Daniel Krannert 2

	Leadership is 4-H Grown	Barbara Byers & Linda Semon	Krannert 3
	Focus Track Sessions		
	Breaking the Ice: Getting to Know One Another Camp Style	Darrell Stillwell	Wildlife 1
	The Big D: Teaching DESIGN Elements & Principles through 4-H Projects	Karla Knoepfli & Carmen Burgos	Wildlife 2
	Connecting to Healthy Living: Making Connections	Keri Hobbs & Courtney Brown	Gas 2
	Connecting with Kids in the Kitchen	Jenny Jordan & Harriett Edwards	Gas 1
	Bringing Back the Basics: Foundations of Soils and Water	Laurie Murrah Hanson	Wildlife 3
	Design Challenge: Think, Design, Build.	Nicki Carpenter & Rich Chuvala	Wildlife 4
11:30am	Connecting with Exhibitors <i>Exhibits open throughout the day Boxed lunch served with exhibits Center Gift Shop open until 1:30</i>		Sutton Hall
1:30 pm	Session 2 General Sessions		
	Cultivating Constructive Conversations	Jeffrey Burke, Keri Hobbs, Jason Estep	Krannert 3
	Do you Back Channel?	Chuck Stamper	Krannert 1
	Learning More about Rock Eagle:Museum Tour	Environmental Educ. Staff	Museum
	Focused Track Sessions		
	Fire Building with Style & Purpose	Joey Barnard	Wildlife 1
	Paint Party? Yes, You Can!	Denise Routzahn	Wildlife 2
	Programs & Partnerships: Fulton Fresh	Laurie Murrah Hanson & Kristin Sumpter	Gas 2
	Gardening with Youth	Sheri Dorn	Wildlife 3
	Finding Science in Any Project	Karla Knoepfli	Wildlife 4
3:00 pm	Refreshment Connection		Sutton Hall
3:30 pm	Session 3 General Sessions		
	Connecting with Our Feathered Friends	Sandy Hernandez	Krannert 2
	Everything I need to do in Photography I can do w/my Smartphone	Jimmy Henning	Krannert 1
	Connecting with the Lake: Canoeing	Environmental Educ. Staff	Docks 2
	Focused Track Sessions		
	Herpetology Exploration	Rock Eagle Environmental Education Staff	Wildlife 1
	Taking Flight: Youth Art & Environmental Education with Jr. Duck Stamp Program	Autumn Starcher	Wildlife 2
	Digging into Health: Benefits of Gardening	Sheri Dorn	Gas 2
	Engaging Cloverbuds in the Kitchen	Barbara Byers & Linda Semon	Gas 1
	Early Birds Get Worms: Young 4-H'ers Explore Gardens	Deb Warnock	Wildlife 3
	Connecting 4-H to Science: Kids in Nature	Jennifer Scales, Leslie Burger, Ashley Burns	Wildlife 4

5:30	4-H Volunteer Specialists Meeting		Gas 3
6:30 pm	Dinner		Dining Hall C/D
8:00 pm	Funshop Connections Campfire Frame It Colors of Health CupCake & Cookie Challenge STEAM Fun Anyone Can Paint Origami Revolution, NOVA production movie	Darrell Stillwell Kris Khlifi & Marsha Rider Avery Drake Volunteer Advisory Group Lori Thomas & Ashley Burns Nancy Reeves	Fire Ring 3 Wildlife 1 Sutton Sutton Wildlife 4 Wildlife 3 Wildlife 2

Saturday, September 29, 2018

7:30 am	Breakfast		Dining Hall C/D
9:00 am	Session 4 General Sessions Off to A Positive Start! Tools & Impact of Conducting New(er) 4-H Family Orientation Event Planning Made Simple Learning Centers Aren't Just for Kindergarten! Focused Track Sessions Who Learns More...Campers or Counselors Grab-n-Go Lessons: Blending Arts with SET, Healthy Living, & Civic Engagement Choosing, Food, Fun, & Fitness Cities, Carrots, & Curves You Can Do Science: Improving Youth & Adult Scientific Literacy	Rebecca Supinger, Tracie Montague Charlene Scott, Brittany Teets Rayanne Carpenter, Leah Haxton Kim Ragland, Courtney Brock, Valerie Stewart Karla Knoepfli & Carmen Burgos Kathy Finley Marilyn Lesmeister Veronica Del Bianco	Krannert 2 Krannert 1 Krannert 3 Wildlife 1 Wildlife 2 Gas 1 & 2 Wildlife 3 Wildlife 4
10:00 am	Refreshment Connection	Wildlife & Krannert Lobby	
10:30 am	Session 5 General Sessions Star Fish on the Beach: Amazing Benefits of Youth Creating a Culture of Appreciation Connecting Youth w/Communities through Service Learning Focused Track Sessions Recruiting and Involving Multi-Generational Volunteers & Parents in 4-H Camping Programs Drawing on the Whole Brain Life Starts with Life Smarts Breakfast with Santa School Gardening with Educators in mind Climate Change in my Community:Using NASA & Citizen Science for Service Learning	Marilyn Lesmeister, Debra Warnock Jamie Morris Tayler Wickham, Autumn Lemmer Ken Culp, Darrell Stillwell Karen Zika Cheryl Varnadoe Dinah Rowe, Rebecca Thomas Patricia Whitner, Amy Dabbs Sheryl Sotelo	Krannert 1 Krannert 2 Krannert 3 Wildlife 1 Wildlife 2 Gas 2 Gas 1 Wildlife 3 Wildlife 4
12:00 pm	Lunch	Dining Hall C/D	

1:00 pm	<p>Session 6</p> <p>General Sessions</p> <p>Helping Youth Through Conflict Jamie Morris Krannert 2</p> <p>Break the Ice in 5 Minutes or Less Bill Tillet Krannert 3</p> <p>Do you Back Channel Chuck Stamper Krannert 1</p> <p>Focused Track Sessions</p> <p>Whole Camp Activities: Leading Games for Large Groups Kevin Pettigrew, Shane Browning Wildlife 1</p> <p>Introduction to Stop Motion Animation Paul Shumaker, Kristie Popa Wildlife 2</p> <p>Eat for the Health of It Marsha Rider, Kris Khlifi Gas 2</p> <p>The Great Food Challenge Cheryl Varnadoe Gas 1</p> <p>Big Flavor, Little Greens: Microgreens Patricia Whitner, Amy Dabbs Wildlife 3</p> <p>Youth Learn Sewing, Science, & Service Jean Hink, Shreemoyee Ghosh, Nicole Walker Wildlife 4</p> <p>Learning Go Hand in Hand Thru Day Camps</p>	
2:00 pm	Refreshment Connection	Wildlife & Krannert Lobby
2:30 pm	<p>Session 7</p> <p>General Sessions</p> <p>Getting the Most from Your Digital Camera: It will Do More than You Think Jimmy Henning Krannert 2</p> <p>Mentoring through Movies Charles Polizeno, Brandi Yancy Krannert 1</p> <p>Focused Track Sessions</p> <p>Debriefing: What it Looks & Sounds Like Darrell Stillwell Wildlife 1</p> <p>How to Talk Pottery Paul Muth Wildlife 2</p> <p>Programming with the 4th H Expanding Our Reach Keri Hobbs Gas 2</p> <p>Kids in the Kitchen-the Skill of Making Light & Fluffy Biscuits Betty Osgood Gas 1</p> <p>Growing Community Support for Farm to School & Gardens Alicia Holloway Wildlife 4</p> <p>SET: Your Passport to the Universe Scott Lee, Brenda Bulot, Heather Niemic Wildlife 4</p>	
3:30 pm	Rest, Relax, Reconnect	
5:00 pm	State Connections	Return to Thursday Locations
6:00 pm	Dinner	Dining Hall C/D
7:00 pm	Clovers & Company	Talmadge Auditorium
	<p><i>Bring your completed evaluation for entrance into the show</i></p> <p><i>Please fill the front center section of the auditorium first</i></p>	
8:15 pm	<p>Connection Together</p> <p><i>Tea cup auction, Heads or Tails & Golden Ticket Awards</i></p> <p><i>Recognition of Focus Track Participants w/displays from workshops</i></p> <p><i>Dessert and coffee will be served</i></p>	<p>Dessert, Auction & Awards</p>

Sunday, September 30, 2018

7:30 am	Breakfast	Dining Hall
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Connecting with the Conference

Keynote Speaker, **Doug Steele**, delights and informs as he challenges us to consider positive youth development in all that we do. Dr. Steele has a long connection to and history with Extension and 4-H serving as a 4-H specialist, state 4-H leader, and director of extension. From Colorado and Texas to Montana and Indiana, Doug has influence 4-H'ers nationwide. Today Doug serves as Director of International Extension Programs for the Norman Borlaug Institute for International Agriculture where he focuses in involving more youth in agriculture and leadership programs.

General Sessions and Focused Track Sessions are available during each session slot. Participants enrolled in Focused Tracks have reserved seating in those tracks. However, additional seats are available on a first come, first serve basis. In most cases our tracks will not seat more than 25 people so please be respectful if a workshop presenter indicates that a workshop is full. All of our workshops are conveniently located within three buildings. Focused Track sessions are in Gas and Wildlife with General sessions usually in Krannert.

Auction and Awards night is Saturday night and is a casual fun event providing opportunities for all participants to be recognized. We will recognize our track participants, drawing for Golden Ticket prizes, awarding the items from the tea cup auction, and seeing who wins with heads or tails.

Be on the lookout for **Golden Tickets!** Tickets are awarded during workshops and networking events and are returned to the Golden Ticket box with your name on it. We will draw for lots of great prizes Saturday night during the Auction & Awards Event.

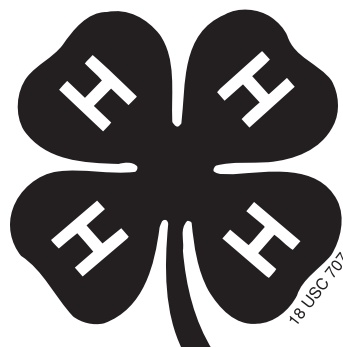
Beginning Thursday purchase tickets for the **tea cup auction** and bid with your tickets on any of the prizes on display. We'll pull one ticket per prize and award that item to the lucky winner. Tickets are \$1/bid and it only takes one to win!

Buy into the **Heads or Tails** event and receive your glow bracelet and chance to win from a selection of great prizes. Only those who purchase options for heads or tails can play. Pick your head or tail and play until the last one's standing.

Georgia 4-H Clovers & Company began in the early 80's and has been growing performers ever since. Alumni ranks including currently performing singers, songwriters, dancers and musicians. We will be treated to the first show of the season. Watch for the next big star as we enjoy more than 50 youth led by a volunteer team in this year's show "I'm Still Standing."

Remind is our app to stay in touch and up to date during the conference. If you have a smartphone, you can get push notifications from the conference. Open your web browser and enter rmd.at/4hvcoss and follow the instructions. For our nonsmartphone users, text @4hvcoss to 81010.

We are also offering **Photo Circle** as a photo sharing site. In your phone's browser enter <https://join.photocircleapp.com/BTBgti>. Photos shared on Photo Circle may only be used for 4-H promotional and educational purposes and everyone who joins will have access to all the posted pictures.



Workshops

Anyone Can Paint

Nancy Reeves, Tennessee

Funshop

Be the artist as we all learn to paint a masterpiece. Participants will learn about the color wheel, painting techniques and image transfers all while creating their own work of art. Additionally, during the Funshop, participants will explore fundraising opportunities with painting.

Friday 8:00 pm

Wildlife 3

Big Flavor, Little Greens: Microgreens

Patricia Whitener, Amy Dabbs, South Carolina

Making Plant & Garden Connections Track

Saturday 1:00 pm

Session 6

Wildlife 3

Discover the hidden potential of microgreens, sometimes known as “vegetable confetti”. An added bonus to the school and community gardens is the potential to harvest microgreens. While sprouts consist of root, stem, and seed, microgreens consist only of the stem and leaves. Harvested very soon after planting, microgreens are a quick way to start enjoying the culinary and nutritious benefits of gardening with kids! Visit this hands-on workshop to get a first-hand look at this gardening technique and tasty application to MyPlate education.

Breaking the Ice: Getting to know one another Camp Style

Darrell Stillwell, Kentucky

Connecting Kids with Camping Track*

Friday 10 am

Session 1

Wildlife 1

Forming is the first stage of Bruce Tuckman’s theory of group development. The forming stage represents a time where the group is just starting to come together and is characterized with anxiety and uncertainty. As a group leader, it is important to develop and facilitate intentional opportunities for groups and its members to get to know one another. In this workshop, participants will learn new and innovative ways to “break the ice” and move past the forming stage of group development. This is an interactive session that will be hosted outside (if the weather is nice). Participants should come prepared to be active!

Break the Ice in 5 Minutes or Less

Bill Tillet, Florida

General Session

Saturday 1:00 pm

Session 6

Krannert 3

It’s the new 4-H year and nobody know anybody. What do you do? Are you tired of the old name games? Are you looking for fun new ways to involve all the youth to break the ice? Then break the ice in 5 minute of less is the program for you. We will be doing many actives that will start the conversations and help you establish your club meeting culture. There will be a good mixture of high and low activities.

Breakfast with Santa

Dinah Rowe, Rebecca Thomas, Georgia

Connecting Kids to the Kitchen Track

Saturday 10:30 am

Session 5

Gas 1

Securing funding is just one of the many roles of a 4-H leader. In this session learn more about how two counties found a fundraising niche connecting kids to a project they would buy into as well as was able to be support by youth. Ultimately the fundraiser and community outreach was born. Come learn more about best practices to support your own programming with Breakfast with Santa.

Bringing back the basics: Foundations of Soils and Water

Laurie Murrah Hanson, Georgia

Mastering Plant and Garden Connections Track*

Friday 10 am

Session 1

Wildlife 3

Before any plant may grow the soil must be developed and water must be added. Helping students understand the basics of our soil and water flow is just the beginning for budding gardeners. Participants will dig into different strategies for teaching soils and water topics to youth of all ages making digging in the dirt and splashing water not only more fun but an educational opportunity as well.

Building Capacity through Community Centered Support

Jenna Daniel, Georgia

General Session

Friday 10 am

Session 1

Krannert 2

Critical to increasing capacity and providing programs to additional audiences, fund and friend raising strategies serve Extension volunteers in the breadth and depth of their program impact. Identifying approaches to increase financial and community support is an integral component of a successful and effective 4-H program. Participants will learn more about increasing their capacity and the capacity of the program to meet (and fund) additional needs.

Choosing Food, Fun, & Fitness

Kathy Finley, Tennessee

Connecting Health to Better Living Track*

Connecting Kids to the Kitchen Track*

Learn about the Cornell Curriculum that teaches cooking, nutrition, and fitness geared to 8-12 year olds. There are six hands-on interactive lessons, plus a training curriculum for teaching teens - Choose Health Action Teens (CHAT). This user friendly curriculum could be utilized by volunteers, teen and adult, and includes games, recipes, and parent newsletter and nutrition information for each lesson. Explore ways to implement these activities to support your programs.

Saturday 9:00 am

Session 4

Gas 1 & 2

Cities, Carrots, & Curves

Marilyn Lesmeister, Oregon

Mastering Plant and Garden Connections Track*

Gardening is not just for our rural youth. A growing trend in urban areas is gardens. Come and explore ways to encourage youth people (and help adults) grow the skills necessary to garden, exercise and eat healthy as part of a busy urban lifestyle. This hands on session has participants thinking outside the garden box and into the curves perfect for cities and carrots.

Saturday 9:00 am

Session 4

Wildlife 3

Climate Change in my Community: Using NASA & Citizen Science for Service

Sheryl Sotelo

Making Science Connections Track

A changing climate has affected the timing of the seasons. This hands-on, minds-on session will engage learners in the investigation of the shifting seasons' impacts on vegetation, soils, hydrology, infrastructure, livelihoods, and communities and the feedbacks between these factors. Participants will learn how to use historical and current NASA data, NASA experts, and Global Learning and Observations to Benefit the Environment (GLOBE) to help uncover the surprises from and consequences of earlier springs, warmer and later falls, changing ice cover, later freeze-up and earlier break-up of rivers and lakes. In addition to youth making a difference in their local community, opportunities for youth to correspond and do collaborative research in schools across the nation and internationally also become available.

Saturday 10:30 am

Session 5

Wildlife 4

Colors of Health

Funshop

Teach children lessons on the importance of feelings, color and creativity through tie-die! Colors can get messy and chaotic, but with time and patience all participants can make something beautiful. Adapted from Georgia 4-H'er Sophia Rodriguez's Tie-Dye for Troops project— Sophia worked with military youth programs in Liberty County, home of Fort Stewart, to teach feelings through tie die.

Friday 8 pm

Sutton

Connecting 4-H to Science: Kids in Nature

Jennifer Scales & Ashley Burns, South Carolina, Leslie Burger, Mississippi

Seeing Science Connections Track

Connecting youth to science through 4-H is fun and easy! Science is everywhere just waiting for you to see it, touch it, and talk about it. Explore some hands-on science activities for youth of all ages (K-12 grades) and develop your own sense of science. The focus will be on natural and life sciences, but the interdisciplinary nature of science and the personal interests of the audience will undoubtedly lead us to discuss and explore different topics. This workshop will lead participants through fun, hands-on discovery of nature, wildlife and natural science and provide them with a suite of ideas to take back to local clubs.

Friday 3:30 pm

Session 3

Wildlife 4

Connecting to Healthy Living: Making the Connection

Keri Hobbs & Courtney Brown, Georgia

Connecting Health to Better Living Track*

Make the connection to health for better living for your club, your community, your country, and your world! Beginning with the end in mind, this session will explore the 4th H - integrating health into everyday programming and events. From adding convenience to intentionality, discover strategies for weaving healthy living into your every day. Participants will learn more about intentional planning for healthy living program across 4-H.

Friday 10 am

Session 1

Gas 2

Connecting with Kids in the Kitchen

Harriett Edwards, North Carolina & Jenny Jordan, Georgia

Connecting Kids to the Kitchen Track*

Kids are scientists and engineers, inventors, and creators and there is no better place to harness that energy than in the kitchen. The session introduces the track as well as how to excite 4-H'ers and their leaders in kitchen activities. We will pull out kitchen equipment, play some games, and learn a lot as we explore the beginning connections for kids' culinary fun.

Friday 10 am

Session 1

Gas 1

Connecting with Our Feathered Friends

Sandy Hernandez, Florida

General Session

What makes a bird... a bird? With the Feathered Friends lessons, 4-H youth answer that question and many more, all while feeding bird! Each lesson helps you engage 4-H youth to identify one or two birds, explore outdoors, and practice STEM skills. Each lesson includes a family handout to send home to boost and support learning. Workshop attendees explore 3 interactive activities and receive handouts, sample lessons, links to download the free curriculum and have a chance to earn a free birdfeeder.

Friday 3:30 pm

Session 3

Krannert 2

Creating Kitchen Fun

Volunteer Advisory Team

Connecting with Service

Pet treats are perfect to practice skills for preparation and items not only can be donated to shelters but also sold as fundraisers. Stop by and see what you can offer to get kids in the kitchen and preparing tasty pet treats.

Thursday 8:00 pm

Sutton

Connecting on the Lake: Canoeing

Rock Eagle Environmental Staff

General Session

Enjoy the beauty of Rock Eagle Lake from your canoes. Participants will be paired together, instructed on basic paddling and safety procedures and turned loose on Rock Eagle Lake to enjoy the afternoon. Participants will be provided life vests and other necessary equipment.

Friday 3:30 pm

Session 3

Canoe Docks

Connecting Youth to Communities through Service Learning

Taylor Wickham, Autumn Lemmer

General Session

As 4-H volunteers, our passion surrounding positive youth development is evident, but quickly in our roles, it becomes apparent that if we strive to show true impact, our role now necessitates more resources (funds) and more people (volunteers). Ultimately to reach more youth through more programs, we need to be intentional and genuine in our effort to identify and secure program resources. Learn strategies to connect to the community with service learning as a guide. It's a win-win with youth gaining new skills and programs generating new collaborations.

Saturday 10:30 am

Session 5

Krannert 3

Creating a Culture of Appreciation

Jamie Morris, Maryland

General Session

We all need to feel appreciated. As 4-H leaders, we are tasked with showing appreciation to youth, other volunteers, donors and community members. This session is designed to engage participants in the experiential learning model using engaging activities that will allow them to learn and understand appreciation and how to incorporate it into their 4-H club, county or community program.

Saturday 10:30 am

Session 5

Krannert 2

Cultivating Construction Conversations

Jeffrey Burke, Keri Hobbs, & Jason Estep, Georgia

General Session

While group discussion can be an effective strategy for increasing engagement and creating community, preparing to facilitate constructive conversation may cause anxiety among leaders. Participants will learn various techniques to foster discussion in group and classroom settings for both youth and adults, including how to navigate difficult or controversial topics. These strategies are designed to energize and shape communication for more productive meetings and to engage participants to become active learners through discussion.

Friday 1:30 pm

Session 2

Krannert 3

Cupcake & Cookie Challenge

Volunteer Advisory Team

Funshop

As seen on to.....challenge yourself to create the best, brightest, and most spectacular cupcake or cookie. Determine if you'll accept the challenge. Desserts and decorations provided, all you need is your ingenuity. The activity is perfect for 4-H'ers and adults alike.

Friday 8:00 pm

Sutton

Debriefing: What it Looks & Sounds Like!

Darrell Stillwell, Kentucky

Connecting Kids with Camping Track

Debriefing, processing, and reflecting are all synonymous for the important conversations and discussions that occur after an event or activity. Without this important step, key points of learning or personal and group development and growth are easily lost. 4-H Youth Development relies heavily on the five stages of the experiential learning model to teach life skills. Debriefing activities address two of the five stages: process and apply. In this workshop, participants will learn new and innovative ways to debrief an activity or event. This goes beyond merely asking the proverbial question, "What did you learn?" Participants will dive deeper into debriefing techniques that truly allow youth to meaningfully process and apply.

Saturday 2:30 pm

Session 7

Wildlife 1

Design Challenge: Think, Design, Build.

Nicki Carpenter & Rich Cheval, North Carolina

Seeing Science Connections Track*

Critical thinking, creativity, innovation and problem solving are all skills developed through the engineering design process. Participants will learn activities to engage youth in structural engineering concepts using easy to find supplies. We will explore engineering education through marshmallow-spaghetti towers, zip lines, pom-pom drops, and bristle bots, as well as share alternative and expansion activities for flexible implementation in a variety of settings!

Friday 10 am

Session 1

Wildlife 4

Dig into the Health Benefits of Gardening

Sheri Dorn, Georgia

Connecting Health to Better Living Track

Dig into health by learning about the value of the interior and exterior landscape for human health, wellbeing and quality of life. Discover successful projects like hot cultural therapy programs in hospitals and community gardens that provide fresh produce to food desserts. Engage in gardening-while growing personal health and healthier club and community! Health-come dig it in this intro to gardening health class.

Friday 3:30 pm

Session 3

Gas 2

Do You Back Channel?

Chuck Stamper, Kentucky

General Session

Many 4-H'ers have access to mobile devices and do not understand when it is appropriate or not appropriate to use them during a 4-H meeting or activity. This session will explain how 4-H leaders may use back channeling to allow limited use of mobile devices in an appropriate way during meetings or lessons. Leaders can track responses and use for program growth. Participants are suggested to bring a mobile device with a Wi-Fi connection (such phone with internet, iPad, or charged laptop).

Friday 1:30 pm &

Saturday 1:00 pm

Session 2 & 6

Krannert 1

Drawing on the Whole Brain

Karen Zika, North Carolina

Connecting Creative Arts with Purpose Track

We will consider ways to use the habit of drawing and sketching to improve observation and communication skills in all projects areas. Though drawing is often considered an inborn skill used primarily in artistic pursuits, it has long been a way for all learners to record their own patient observations of the natural world and to develop ideas in design and problem-solving throughout the sciences, literature, and the arts. Participants will construct a very simple sketch book in the first moments of the session and then learn to use simple basic elements to instruct and encourage youth and learners of all ages to see what is before them, to conceive and refine ideas, and to organize data or mathematical problems.

Saturday, 10:30 am

Session 5

Wildlife 2

Early Birds Get Worms: Young 4-H'ers Explore Gardens

Deb Warnock, Deidra Schreiber Oregon

Mastering Plant and Garden Connections Track

Even the youngest of our members can dig into horticulture projects. During the session participants will explore lessons plans that focus on experiential learning and get youth engaged in projects from public speaking to county fairs all in the theme of horticulture. Come and share ideas from your clubs as you learn more for your program.

Friday 3:30 pm

Session 3

Wildlife 3

Eat for the Health of It

Marsha Rider, Kris Khlifi, Georgia

Connecting Health to Better Living Track

You are what you eat! So, shouldn't we focus on nutrition?...Discover how your plate effects your Head, Heart, Hands, and Health every day! Come learn about healthy nutrition, sensible eating habits, and how to transfer your plate into a better you! We'll consider what's on your plate...and learn to eat - for the health of it!

Saturday 1 pm

Session 6

Gas 2

Engaging Cloverbuds in the Kitchen

Barbara Byers & Linda Semon, North Carolina

Connecting Kids to the Kitchen Track*

Kids seem to gravitate to food and cooking can be one of their favorite things. Engaging Cloverbuds in the Kitchen takes a planning and consideration to be sure activities are age appropriate and safe for younger 4-H'ers. Explore activities that work even with our beginner chefs and learn new ways to engage with kids in the kitchen.

Friday 3:30 pm

Session 3

Gas 1

Everything I need to do in Photography I can do w/a Smartphone

Jimmy Henning, Kentucky

General Session

Your Smartphone can connect you with so many different opportunities including taking great photos. The workshop teaches attendees basic photography principles of light & composition, hidden features of cell phone cameras & basic post-processing using the free SnapSee app. Bring your Smartphone and your photos and learn what is possible with just a little more know how.

Friday 3:30 pm

Session 3

Krannert 1

Event Planning Made Simple

Charlene Scott, Brittany Teets, Georgia

General Session

As 4-H leaders we plan club meetings, fairs, awards nights, special events and the list goes on and on. This session will guide participants through the planning process, provide insight to problems that might occur, discuss fine details and the big show, provide assessment tools, and ways to document the event so that it can be reproduced in the future. Take event planning from surviving to thriving with the best practices and strategies shared during the class.

Saturday 9:00 am

Session 4

Krannert 1

Finding Science in Any Project

Karla Knoepfli, Oklahoma

Seeing Science Connections* Track

Natural science, biological science, physical science, social science and more! Helping youth connect science to projects areas is possible with creativity and ingenuity. Participants will engage in hands on activities that challenge the mind and teach scientific principles while building project development and critical thinking.

Friday 1:30 pm

Session 2

Wildlife 4

Fire building with Style and Purpose

Joey Barnard, Kentucky

Connecting Kids with Camping Track*

Fire building is integral to any survival situation. We need fire for warmth, food preparation, water purification, and when the situation is just right, roasting the perfect marshmallow. For many of us camp is synonymous with the campfire. It is where we create a sense of belonging and connectedness for campers, where counselors shine, and where memories are mad. Come around the camp fire to learn more about building a safe and effective fire, activities to create an interactive environment and of course, have fun.

Friday 1:30 pm

Session 2

Wildlife 1

Frame it!

Kristen Khlifi & Marsha Ryder, Georgia

Funshop

Come have some creative fun. We will be taking an item everyone has in the house and repurpose it into an unusual and beautiful decoration. Using our creativity and critical thinking skills, we will make an item simple enough for our 4-H'ers to also create. This is an awesome and inexpensive idea to use in your clubs. So turn up your imagination and come join the fun.

Friday 8:00 pm

Wildlife 1

Gardening with Youth

Sheri Dorn, Georgia

Mastering Plant & Garden Connections Track*

You know that getting youth in the garden is a great way to increase physical activity or even to master a topic or skill, but you don't know where to start! Gain ideas and basic gardening how-to's in this interactive session. . Participants will see the excitement in sowing and transplanting seedlings, build confidence in planning gardening projects and activities, play garden games and even pot a plant.

Friday 1:30 pm

Session 2

Wildlife 3

Getting the Most out of Your Digital Camera

Jimmy Henning, Kentucky

General Session

While today's digital cameras are simpler than ever before with a little know how you can find more and more to do well with a camera in hand. Whether photographing 4-H'ers at work, shooting stills in the community or documenting a project, your camera can be a tremendous asset to share the impact and results of 4-H programming. Bring your digital camera learn how to get the most out of it.

Saturday 2:30 pm

Session 7

Krannert 2

Grab-n-Go Lessons: Blending Arts with SET, Healthy Living & Civic Engagement

Karla Knoepfli, Oklahoma, Carmen Burgos, Tennessee

Connecting Creative Arts to Purpose Track*

Friday 9:00 am

Session 4

Wildlife 2

These effective, fun and educational lessons are designed to expand the youth mastery of key SET, Healthy Living and Civic Engagement competencies through communications and expressive arts. No artistic talent or background is required to implement the lessons. Lessons illustrate the simple facilitation of experiential activities and evaluation through reflective questions. Participants will experience activities from the lessons and learn where to access the complete grab-n-go series for use in their 4-H programs.

Growing Community Support for Farm to School & Gardens

Alicia Holloway, Georgia

Mastering Plant and Garden Connections Track

Saturday 2:30

Session 7

Wildlife 3

Research shows that tremendous potential for impact that Farm to school programs including school gardens can have with students. However, there are often barriers for programs in being effective. Support organizations are a key to overcoming barriers. Learn models for support organizations and create an action plan for engaging your community in your program.

Helping Youth through Conflict

Jamie Morris, Maryland

General Session

Saturday 1 pm

Session 6

Krannert 2

Conflict has a tendency to arise when people are in competition or when they work with others with different personalities and values. 4-H is full of competition and is open to people from all walks of life, a venue ripe for conflict. Come learn ways to handle conflict in order to create a safe and inclusive environment for youth.

Herpetology Exploration

Rock Eagle Environmental Education Staff

Connecting Kids to Camping Track*

Friday 3:30 pm

Session 3

Wildlife 1

Getting kids outdoors to know and understand the world around them is just one of the many benefits of camping programs. Spend some time learning about the benefits and teaching techniques with herpetology. Participants will experience the lab just as a camper would and reflect on activities to incorporate similar opportunities into their day and residential camping experiences.

How to talk Pottery: Hand-thrown Pottery Wheel & Slab Techniques

Paul Muth, Kim Ragland & Courtney Brock, Kentucky

Connecting Creative Arts with Purpose Track

Saturday 2:30 pm

Session 7

Wildlife 2

Instructional demonstration of hand thrown pottery forms concentrating on centering techniques, basic pottery shapes, and decoration techniques appropriate for 4-H youth projects. Discussion of pottery terms, methods, and appropriate beginner projects for 4-H youth. Discussion of how to source pottery materials, make simple tools and how to find local resources and what materials to look for when wanting to start working with youth in clay.

Introduction to Stop Motion Animation

Paul Schumaker & Pam Phillippe, Florida

Connecting Creative Arts with Purpose Track

Saturday 1:00 pm

Session 6

Wildlife 2

This session will introduce participants to the basic techniques and materials used in the creation of stop motion animation as seen in film and television. Topics will cover the early beginnings and how those same methods are still used today, as well as how to incorporate it into a 4-H program for youth to produce their own animation videos. Novices and experienced techies are welcome as the class is designed to help you learn the basics to send your kids soaring

Kids in the Kitchen: The Skill of Making Light & Fluffy Biscuits

Betty Osgood, South Carolina

Connecting Kids to the Kitchen Track

Saturday 2:30 pm

Session 7

Gas 1

Are you looking for a bread's project to get your 4-Hers in the kitchen? This workshop will give you clear hands on instructions and experience in mixing, cutting and baking the popular home made "Biscuits". You will have fun developing your biscuit making skills, test tasting your results, and be skilled in instructing your 4-Hers. Beware though- your hands will be in flour!

Leadership is 4-H Grown

Barbara Byers & Linda Semon, North Carolina

General Session

Is 5 years old too soon to begin personal development with your cloverbuds? Even our youngest members can begin to step up and step out exploring age appropriate leadership experiences. Come explore ways to instill leadership early for skills that will last a lifetime. Bring your inner child with you as we play games, make crafts, and learn how to be a leader, cloverbud style!

Friday 10 am

Session 1

Krannert 2

Learning Centers aren't Just for Kindergarten!

Rayanne Carpenter, Leah Haxton, Oklahoma

General Session

This session will show how to take a theme and create learning centers that address areas of STREAM, cooking, sewing, fine arts, geography, U.S. History, and more. Attendees will receive a year's worth of club meeting ideas. These club meeting monthly plans are proven to help members from all ages develop friendships, a knowledge base of different project areas, scientific and mathematical concepts, and basic life skills. Come do centers with us!

Saturday 9:00 am

Session 4

Krannert 3

Learning More about Rock Eagle: Museum Tour

Rock Eagle Environmental Education Staff

General Session

Visit the Diane Davies Natural History Museum with one of the Rock Eagle Environmental Education staff members. The museum is chocked full of history, stories, and exhibits from the area surrounding the Center and the Center itself. Learn the history of the native Americans who originally occupied the land, the Scott Family who came to farm the land and the dream that created the largest 4-H center in the world.

Friday 1:30 pm

Session 2

Museum

Life Starts with Life Smarts

Cheryl Vanadoe, Georgia

Connecting Health to Better Living Track

Life starts with LifeSmarts. LifeSmarts, the ultimate consumer challenge, develops your consumer and marketplace skills in a fun way! Attend this workshop and compete in a fun quiz bowl contest complete with prizes! LifeSmarts focuses on Personal finance, Health and safety, Environment, Technology and Consumer rights and responsibilities. So get your start in life with LifeSmarts! Learn how your county can advance to the national competition in Orlando in 2019 and earn rewards, scholarships, and more!

Saturday 10:30 am

Session 5

Gas 2

Mentoring Through Movies

Charles Polizeno, Brandi Yancey, Florida

General Session

Join us on this epic adventure of self-discovery, where one person can make a difference. Movies are a wonderful source of entertainment, as well as life lessons. The best movie characters evoke emotion, encourage thinking, and provide inspiration among audiences. Whether the character is one you love or, love to hate, much can be learned from them about leadership and communication. In this workshop, volunteers will explore and examine different leadership styles portrayed in film and strengthen their mentoring abilities.

Saturday 2:30 pm

Session 7

Krannert 1

No need for Website or Social media: Keeping Connected with Google

Trish Howard

General Session

The need to keep club members and families up to date is critical and challenging in a paperless generation. Social Media is always an option, but what about the families that do not use it or the dreaded idea of knowing your members a little too well and a website is an overwhelming task for an already busy volunteer. You can keep your members up to date with a single document that is updated in real time using the FREE Google Suites. Learn more about how Google helps you and your club!

Friday 10 am

Session 1

Krannert 1

Off to a Positive Start! Tools & Impact of Conducting New(er) Parent Orientation

Rebecca Supinger, Tracie Montague, Ohio

General Session

As new families join clubs, there is a need to help create a sense of belonging and a better understanding of the 4-H program. The new member orientation program was developed to give our families with 0 to 3 years of experience the tools to succeed in 4-H. The main audience initially was new(er) 4-H youth, families, and volunteers. Participants will explore the goals of this hands-on program and learn strategies to support their own new(er) family orientation.

Saturday 9:00 am

Session 4

Krannert 2

Recruiting & Involving Multi-Generational Volunteers & Parents in Camp

Ken Culp, III, Darrell Stillwell, Kentucky

Connecting Kids to Camp Track*

Your generation Z campers are led by Millennial counselors who are supported by X'er and Baby Boomer leaders. What does the impact of these generations on camp? Everything. Spend time with a Boomer and Millennial as they work with you in marketing, planning, evaluating and supporting a camping experience for all generations.

Saturday 10:30 am

Session 5

Wildlife 1

Paint Party? Yes, You Can!

Denis Routzahn, Tennessee

Connecting Creative Arts to Purpose Track*

Paint parties are a fun and innovative introduction to art! Paint parties also serve as places to make connections and sometimes even make money. This session will lead participants through a paint party. Participants will leave with links to social artwork tools that they can use at home to lead their own sessions for fun or as fund raisers. All the supplies are provided and you will leave with your own masterpiece!

Friday 1:30 pm

Session 2

Wildlife 2

Programs & Partnerships: Fulton Fresh

Laurie Murrah Hanson & Kristin Sumpter, Georgia

Connecting Health to Better Living Track*

Connecting Kids to the Kitchen Track*

UGA Extension Fulton County's Fulton Fresh program is a multigenerational nutrition education program, which integrates youth, agriculture, and family and consumer science programming in an urban community. The goal of Fulton Fresh is to increase awareness and consumption of in-season, local produce through hands-on education focused on creating produce to be tasty and fun to make. By incorporating different generations, Fulton Fresh is playing a pivotal role in using local fruits and vegetables to combat childhood obesity in Fulton County by providing hands-on learning to promote and encourage fruit and vegetable consumption.

Friday 1:30 pm

Session 2

Gas 1 & 2

Programming with the 4th H-Expanding Our Reach

Keri Hobbs, Natalie Bock Georgia

Connecting Health to Better Living Track

As our populations grow and health becomes a leading issue, how will we meet the growing needs of our communities? Discover how volunteers are providing unique opportunities for youth and families as we survey successful volunteer-led health programs and share a few secrets of success.

Saturday 2:30 pm

Session 7

Gas 1

School Gardens with Educators in Mind

Patricia Whitner, Amy Dabbs, South Carolina

Mastering Plant and Gardent Connections Track*

School Gardening for SC Educators is a program designed to help educators create successful school garden classrooms. Participants will enjoy learning more about taking the guesswork out of gardening to help busy educators implement gardens as part of the during and after school program. Additionally, the idea of fostering relations, securing resources through connections and steps for success were part of the program

Saturday 10:30 am

Session 5

Wildlife 4

SET: Your Passport to the Universe

Scott Lee, Brenda Bulot, Heather Niemic, Louisiana

Seeing Science Connections Track

Scientists investigate, engineers create, and technology enhances the world we live in. Come discover how each part of SET connects us to the natural world and our most favorite playground of all, the universe! . As we journey "from sea to shining sea", we will explore light, electromagnetism, and find out how it all connects to our critically important wetlands. We will also offer participants stations of activities to explore and complete during the session. Each participant will receive an activity booklet filled with activities to help facilitate SET in their home 4-H clubs! #passportSET

Saturday 2:30 pm

Session 7

Wildlife 4

Sewing for our Neighbors with Fabulous Felt

Pam Phillippe

Connecting with Service

Felt is easy to use, inexpensive to use and the perfect tool to create projects that combine art and service. Stop by this station to create an art masterpiece Participants will create felt items while learning how to incorporate art techniques with community service. Easy to replicate and do in your community and perfect for all ages.

Thursday 8:00 pm

Sutton

Sewing, Science & Service

Jean Hink, Shreemoyee Ghosh, & Nicole Walker, Florida

Connecting with Service

Stop by and see just how easy sewing, science and service combine for activities that build confidence in youth while serving needs in the community. Originally part of a day camp program, these projects are easy for kids to do and even better for building confidence in their learning.

Thursday 8:00 pm
Sutton

Starfish on the Beach: Amazing Benefits of Youth

Marilyn Lesmeister, Deb Warnock, Oregon

General Session

Families who experience disabilities have a great message for 4-H! Session participants will hear those messages and apply them in conversations, presentations, and letters in their communities. 4-H Leaders may not have the skills or confidence to know they can provide positive youth development experiences for youth, of every ability. Session participants will: receive print resources to expand their knowledge; explore a toolbox of items to practice making accommodations for youth with disabilities, and share questions/answers that may be applied to their volunteer role with youth who experience disabilities.

Saturday 10:30 am
Session 5
Krannert 1

STEAM FUN

Lori Thomas, Ashley Burns, South Carolina

Funshop

Come discover the wonderful world of STEAM (Science, Technology, Engineering, Art, and Math)! There are so many activities that you can do that engage kids in learning about STEAM without them even realizing it. STEAM learning occurs naturally as children explore, play, and try new things. We will share a variety of fun, art-related STEAM activities that you can try with your 4-H Club or program and share additional resources with you for future engagement. All activities are inexpensive and easy to implement!

Friday 8:00 pm
Wildlife 4

Taking Flight: Youth Art & Environmental Ed w/ Jr Duck Stamp Program

Autumn Starcher, West Virginia

Connecting Creative Arts to Purpose Track

The Junior Duck Stamp Program is an art- and science-based program promoting wetland habitat and waterfowl conservation through sharing and expression with art. Youth participate in an artwork competition featuring an approved waterfowl species. By incorporating different subjects (science, art, math, and social studies) the Junior Duck Stamp program engages multiple types of learners and promotes critical thinking, problem solving, and creativity while encouraging youth to explore nature, understand principles of wildlife management, and share newfound knowledge.

Friday 3:30 pm
Session 3
Wildlife 2

Teaching acceptance one paper lip at a time

Terri Fullerton & Brittany Teets, Georgia

Connecting with Service

Teenagers worry about belonging to the popular crowd, wearing the right clothes, and saying the right things. Worrying about being discriminated against should not be on the radar. It's a great time for lessons about valuing differences and encouraging tolerance. One Clip at a Time is an engaging and interactive service learning program that teaches tolerance. Created by educators in Whitwell, TN, after their Holocaust cross-curricular program & paperclip service project, students develop an understanding of discrimination and how our lives are affected by the choices we make as well as to develop a sense of fairness and equality among others.

Thursday 8:00 pm
Sutton

The big D: Teaching DESIGN elements & principles through 4-H projects

Karla Knoepfli, Oklahoma & Carmen Burgos, Tennessee

Connecting Creative Arts with Purpose*

The ABC's of Art: the elements and principles of design surround us. Can you identify them and help our youth apply them to ANY project area? Explore different ways of thinking about design principles. It is a fun topic that can be taught in workshops, meetings and applied to practically any project area.

Friday 10 am
Session 1
Wildlife 2

The Great Food Challenges

Cheryl Varnadoe, Georgia

Connecting Kids to the Kitchen Track

Do you have the next great chef in your 4-H program? Learn together how best to support your 4-H'ers cooking endeavors while adding challenges much like the food challenge competition as seen on tv. Participants will not only create food items but also learn ways to excite youth with food activities.

Saturday 1:00 pm
Session 6
Gas 1

The Origami Revolution, NOVA production movie

Funshop

Friday 8:00 pm

Wildlife 2

The centuries-old tradition of folding two-dimensional paper into three-dimensional shapes is inspiring a scientific revolution. Engineers and designers are applying origami principles to reshape the world around us—and even within us, designing new drugs, micro-robots, and future space missions. Explore the high-tech future of this age-old art as NOVA unfolds “The Origami Revolution.”

Veteran Smiles

Amelia Day, Victoria Day, Georgia

Connecting with Service

Thursday 8:00 pm

Sutton

Join 4-H'ers in bringing smiles to veterans through service projects. Easy to create, easy to replicate, Veteran Smiles is designed help you and your 4-H'ers support the veterans in your community.

Who learns more...Campers or Counselors?

Kim Ragland, Courtney Brock, & Valerie Stewart, Kentucky

Connecting Kids with Camping Track*

Saturday 9:00 am

Session 4

Wildlife 1

We all know 4-H Camp is one of those experiences people remember long after their skinned-knee days are passed. As 4-H leaders, we hope counselors remember some lessons from camp too. A trio of Kentucky agents who camp together annually, share the program used to ensure their teen leaders keep learning from their extended years at camp as Junior Counselors. For this group, JC training only ends with adulthood. Rising ninth-graders have a cohort focusing on the transition from camp is about me to camp is about them. Learn more about the activities and engagement implement to create a learning experience for all.

Whole-camp activities: Leading games for Large Groups

Kevin Pettigrew & Shane Browning, Kentucky

Connecting Kids with Camping Track

Saturday 1:00 pm

Session 6

Wildlife 1

Join Kentucky 4-H camping in discussing some amazing camp activities that work for the whole camp, all at once! We will be sharing ideas from our experiences as well as discussing in small groups classic and new camp games. Participants will leave with a list of new game ideas and hopefully create some unique ones for their own camps too! Come to class ready to have fun, to play like a camper, lead like a counselor and create like a leader.

You Can Do Science: Improving Youth & Adult Scientific Literacy

Veronica Del Bianco, Louisiana

Seeing Science Connections Track*

Saturday

Session 4

Wildlife 4

Science...kids love it and for some adults its a terrifying prospect to teach. Join in this session to raise your confidence and your knowledge as you explore ways in which science is accessible to anyone. The hands on session will take you through a science journey that will help you help youth improve their skills and understanding in the growing field of science.

Youth Learn Sewing, Science & Service Learning Go Hand In Hand thru Day Camp

Jean Hink, Shreemoyee Ghosh, Nicole Walker

Seeing Science Connections Track

Saturday 1:00 pm

Session 6

Wildlife 4

Join in an expanded session of the service learning projects presented Thursday evening. During the session, participants will see first hand how a sewing day camp incorporates science and service learning. Youth connect to the community through projects and develop empathy and responsibilities for other while developing skills in both sewing and science.

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